

Flashlights: A long-life headlamp is a must for each member, plus LED flashlights.
Extra batteries: Should be rechargeable. ...
Solar charger: For your batteries and other powered devices! ...
Oil lamps plus spare oil.
Emergency lantern.
Spare fuel for vehicle.
adhesive bandages in assorted sizes.
antibiotic ointment or cream.
alcohol wipes or pads.
aspirin or ibuprofen.
cold packs.
cotton balls or swabs.
elastic bandage or wrap.
eyewash solution or saline solution.
fever thermometer.
gauze pads in assorted sizes.
hydrogen peroxide 3% solution
Instant cold pack.
A good quality flashlight.
A battery-powered radio.
Extra batteries for both the flashlight and the radio.
A first-aid kit.
A supply of bottled water.
A collection of nonperishable food items.
A means of cooking food (e.g., a camp stove).
A tool for heating food (e.g. a hand-cranked generator).
A means of purifying water (e.g. urn).
A means of relaxing (e.g. pot).
A means of making a fire (e.g. lighter and matches).
A means of dealing with an emergency (e.g. money and phone in case you need to call for help).